

# Health NEWS

News For You and Your Family From Sharon Regional

2013 HIGHLIGHTS



## IN THIS ISSUE:

- Highlights of 2013
- New Wilmington woman praises SRHS breast surgeon
- January/February calendar of events
- Sharon Regional earns "A" patient safety score
- Kennedy Catholic student council donation
- Welcome Dr. Cicuto
- Childbirth classes help prepare families for delivery
- Volunteer of the Year
- Charity Ball save the date

## Identification of strategic partner, completion of electronic medical record installation, and continued quality awards and recognitions highlight 2013

During 2013 Sharon Regional Health System's board of directors committed a major portion of its time and effort developing a process to explore potential partnership opportunities which led to a decision to sign a non-binding letter of intent with Community Health Systems in August. See page two for more information on this process and other highlights of 2013.

**Our Values:** **Integrity:** We do the right thing. **Caring:** We are kind. **Accountability:** We are responsible for excellence. **Respect:** We are open, honest, and fair. **Excellence:** We work to deliver the best care the best way.

# Sharon Regional strategic partnership, electronic medical records transition, and continued quality awards/recognitions highlight 2013

During 2013 Sharon Regional Health System's board of directors committed a major portion of its time and effort developing a process to explore potential partnership opportunities to determine if the best interests of the community would be served by Sharon Regional remaining independent or by pursuing some type of strategic partnership, as a number of healthcare organizations have done both nationally and regionally.

After months of thoughtful deliberation and discussion, the board on August 27 unanimously approved and executed a non-binding letter of intent that started the process of bringing to this region the strengths and resources of Community Health Systems (CHS), one of the largest and most successful healthcare organizations in the nation, along with the clinical program development and quality improvement expertise of the Cleveland Clinic. The process is expected to be completed in early 2014.

The affiliation with Community Health Systems will bring tremendous benefits to Sharon Regional and the region, including an infusion of significant capital for investments in facilities, services, and medical technology; continuation and growth of Sharon Regional's essential services (including medical/surgical, critical care, open heart and vascular surgery, emergency services, and obstetrics); the recruitment new primary care physicians and specialists to the community; access to charity and indigent care; and a local board of trustees comprised of Sharon Regional's

medical staff and local community leaders. It also guarantees economic stability for the community along with the preservation of choice for patients, physicians, and employers.

During 2013 Sharon Regional's heart program received an American College of Cardiology Platinum Achievement Award (one of only 197 hospitals nationwide) for a higher standard of care for heart attack patients. Other recognitions for Sharon Regional included an "A" hospital safety score from the Leapfrog Group, Level 1 VHA Mid-Atlantic APEX (Achieving Patient Care Excellence) award, and a Gold Star Quality Achievement award from United Healthcare.

The Health System completed the installation of its Cerner electronic medical records system and continued to grow through the expansion of services in both its Neshannock and Hubbard diagnostic and specialty centers.

Sharon Regional welcomed a number of new physicians during the past year including Mark Horvath, D.O., Keyur Patel, D.O., and Kellie Kirkpatrick, M.D., emergency medicine; John Schinner, D.O. and Stanislav Byshenko, M.D., family practice; Linet Ochweri, M.D., OB/GYN; James Boniface, M.D. and Matthew Stonestreet, M.D., orthopedics; Kate Paylo, M.D. and Tracy Neuvendorf, D.O., pain management; Sandeep Riar, M.D., critical care; Sheetal Nijawan, M.D., bariatric and minimally invasive surgery; and Randon Simmons, M.D., psychiatry.

## OTHER HIGHLIGHTS OF 2013 INCLUDED:

- Completion of a Community Health Needs assessment and development of an implementation plan to address the results
- Launching of a mobile app to provide easy access to a variety of Sharon Regional services
- Development of a "Walk with a Doc" community exercise program at the Shenango Valley Mall and Buhl Farm Park
- Partnering with the City of Hermitage to host the free community concert "Rockin' at the Pointe" on August 10
- Opening of a community lab draw site at Edgewood Surgical Hospital
- Welcoming new board members Larry Haynes and Karen Winner Sed
- Acquiring the former St. Joseph School property from the Diocese of Erie for future expansion
- Receiving a \$130,000 check from the Sharon Regional Auxiliary representing proceeds from the 2013 Charity Ball, the largest amount raised in the event's history
- Partnered with the Primary Health Network Charitable Foundation to provide transportation assistance for patients who use Sharon Regional services but do not have access to transportation

**For more information on any of Sharon Regional's services, visit its website at [www.sharonregional.com](http://www.sharonregional.com) or contact its Health Information Center at 724-983-5518 or 800-346-7997.**



### QUITTING FOR LIFE! Smoking Cessation Classes

Tuesdays, January 8, 15, 22, and 29 at 2 p.m.  
Diagnostic and Imaging Center, 2435 Garden Way, Hermitage  
\$25 fee includes all four sessions and workbook.

**Register today by calling 724-983-5518.**

**Sharon Regional**  
**Health System**  
*Dedicated to caring for our community.™*

740 East State Street • Sharon, PA  
[www.sharonregional.com](http://www.sharonregional.com)



# New Wilmington woman praises Sharon Regional breast surgeon



**Breast cancer survivor Marjorie Slonaker, center, talks of her treatments with Dr. Keenan's staff members Donna Volsko, LPN, left, and Marilyn Maule, RN.**



**Donald Keenan, M.D., Ph.D.**

"He was great," says Marjorie Slonaker of Donald Keenan, M.D., Ph.D., breast surgeon at Sharon Regional. "Dr. Keenan is totally involved with you both as a patient and as a person. He makes sure everything is understood."

Marjorie was diagnosed with breast cancer about three years ago. She was undergoing an annual, follow-up examination at Sharon Regional's Cancer Care Center with George Garrow, M.D., medical oncology, after successful treatment for Hodgkin's lymphoma in 2005 while living in Virginia.

The new diagnosis led to a referral to Dr. Keenan at Sharon Regional's Breast Care Center, located in the Health System's Diagnostic & Imaging Center, 2435 Garden Way, Hermitage.

Diagnostic medical tests led to two surgeries later in 2011: a lengthy mastectomy and reconstruction procedure performed by Dr. Keenan and Michael

White, M.D., plastic surgeon, at Allegheny General Hospital, Pittsburgh; and follow-up surgery by Dr. Keenan at Sharon Regional to remove some cancerous lymph nodes.

"Dr. Keenan's bedside manner is terrific," adds Marjorie. "He makes you feel like you're the only patient he has. I never felt like I was a just a number."

"The breast care staff and team of nurses helped me in every way possible. I couldn't have completed everything without their help."

After occupational rehabilitation at the Cancer Care Center, Marjorie, of New Wilmington, returned to work as a para professional in the Learning Support Department, grades K-3, in the Wilmington Area School District. Rehab addressed generalized pain, decreased endurance, weakness, and lymphedema that is common after cancer treatment.

**See more of Marjorie's story at [www.sharonregional.com](http://www.sharonregional.com)**

## The Breast Care Center of Sharon Regional

**The Area's Most Comprehensive Center for Breast Care**

### Specific Services:

- On-site breast radiologists
- Digital mammography with Computer Aided Detection (CAD)
- Same-day screening results available
- Walk-in Wednesdays for screening mammograms
- Saturday screening mammography
- Breast nurse navigator for personal attention
- Breast MRI with CAD and Breast Ultrasound
- Stereotactic, ultrasound, and MRI-guided breast biopsies
- On-site, highly-experienced breast surgeons
- Genetic evaluation and counseling
- Direct consultations for medical and radiation oncology
- Rehabilitation services
- Patient education and community outreach
- **Breast surgeons:**  
Donald Keenan, M.D., Ph.D.  
Ravi Sachdeva, M.D.
- **Breast imaging specialists:**  
Betty Shindel, M.D.  
Bibianna Klepchick, M.D.  
Ellen Tabor, M.D.

For more information on mammography, breast cancer, or any breast health concerns, please call 724-983-7394 or e-mail [breastcare@srhs-pa.org](mailto:breastcare@srhs-pa.org).

# Community Education Programs • January 2014

**ALL PROGRAMS AT THE HERMITAGE DIAGNOSTIC & IMAGING CENTER UNLESS OTHERWISE NOTED. PLEASE CALL 724-983-5518 OR 1-800-346-7997 TO REGISTER FOR ALL PROGRAMS**

monday	tuesday	wednesday	thursday	friday
<p><b>Sharon Regional Health System Life Line Screening</b></p> <ul style="list-style-type: none"> <li>Stroke • Carotid Artery Screening</li> <li>Abdominal Aortic Aneurysm Screening</li> <li>Heart Rhythm Screening (Atrial Fibrillation) • Peripheral Arterial Disease Screening</li> </ul> <p><b>Friday, January 3, 2014</b> Christ Episcopal Church 2627 Atlantic Street NE, Warren, OH</p> <p><b>Monday, January 6, 2014</b> Calvary Fellowship Chapel 1033 N. Perry Highway, Mercer, PA</p> <p><b>Wednesday, January 8, 2014</b> Jewish Community Center of Youngstown 505 Gypsy Lane, Youngstown, OH</p> <p><b>Thursday, January 16, 2014</b> Holy Family Church 2729 Center Road, Youngstown, OH</p> <p><b>Wednesday, February 5, 2014</b> Old Salem United Methodist Church 1031 Methodist Road, Greenville, PA</p> <p><b>Friday, February 7, 2014</b> Grace Church of Columbiana 140 South Main Street, Columbiana, OH</p> <p><b>Wednesday, February 19, 2014</b> Orwell Memorial Post 719 American Legion 215 Maple Street, Orwell, OH</p> <p><b>Thursday, February 20, 2014</b> Grace Fellowship Church 2150 Niles Cortland Road SE, Warren, OH</p> <p><b>Thursday, February 20, 2014</b> Jamestown Lions Community Center Jamestown, PA</p> <p>To register for the screen please call 1-800-395-1801</p>	<p><b>Overeaters Anonymous Mondays   1-2 p.m.</b></p> <p><b>TOPS Take Off Pounds Sensibly</b> Every Tuesday   Meeting 9:30 a.m. There is a fee   First class is free Weigh in from 8:30 - 9:30 a.m. Please call 724-983-5518 or 1-800-346-7997 to register</p> <p><b>Bereavement Sharing Group Thursday, January 9, 2014</b> 1 p.m.   Eat 'n Park Restaurant Please call 724-983-3878 to register</p> <p><b>7</b></p>	<p><b>Diabetes Self Management Classes Four Part Series</b> Please call the Diabetes Center at 724-981-6551 for dates and times</p> <p><b>1</b> Reminder: All individuals who are new to Medicare this year and have diabetes qualify for additional diabetes nutrition and self-management education. Call 724-981-6551 for more information.</p> <p><b>Quitting For Life Smoking Cessation Classes Four Weeks Starting January 8, 2014</b> 2 p.m.   \$25 Fee   Gayle Linden, L.P.N. Please call 724-983-5518 to register</p> <p><b>15</b> <b>Please call 724-983-5518 to register for all events.</b></p> <p><b>22</b> <b>CHECK OUT OUR WEBSITE!</b> <a href="http://www.sharonregional.com">www.sharonregional.com</a></p> <p><b>29</b> Online registration now available for most classes at our Calendar of Events Page <a href="http://www.sharonregional.com">www.sharonregional.com</a></p>	<p><b>Want Information on Being a Hospice Volunteer?</b> Please call Erin Zahmiser, LSW, MSSA at 724-983-3878</p> <p><b>2</b></p> <p><b>Diabetes Support Group</b> Shenango Valley Senior Center 9:15 a.m.   Diabetes Center   724-981-6551</p> <p><b>Bariatric Support Group</b> 6 p.m.   724-983-5518</p> <p><b>Celiac Disease Support Group</b>   6:30 p.m.</p> <p><b>16</b></p>	<p><b>Free Blood Pressure Screen Friday, January 3, 2014</b> First Friday of the month   8 a.m. - 1 p.m.</p> <p><b>NEW! Health Care Provider CPR</b> 9 a.m.   Fee \$50 School of Nursing   724-983-CPR1</p> <p><b>Health Care Provider CPR Recertification</b> 1:30 p.m.   Fee \$30 School of Nursing   724-983-CPR1</p> <p><b>10</b></p> <p><b>January:</b> <b>National Glaucoma Awareness Month</b> <b>Cervical Cancer Screening &amp; Awareness Month</b> <b>Stop by the Diagnostic &amp; Imaging Center for more information.</b></p> <p><b>24</b> <b>Compassionate Friends January 27, 2014</b> 6:30 p.m.</p>
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LIFESTYLE CHANGES FOR DIABETES PREVENTION</b> STARTS TUESDAY, JANUARY 14   6 - 7 p.m. 16 Weeks   Fee \$40 (\$25 will be refunded to those who complete at least 12 sessions) Heather Hough Please call 724-983-5518 to register.</p> <p><b>FREE HAND, ELBOW OR SHOULDER SCREEN</b> WEDNESDAY, JANUARY 15   1 - 3 p.m. Mike D. Piccirilli, OT Hubbard Diagnostic &amp; Specialty Center 880 W. Liberty St. Please call 1-800-346-7997 for an appointment.</p> <p><b>FREE PEDIATRIC DEVELOPMENTAL SCREEN</b> THURSDAY, JANUARY 16   10 - 11 a.m. Infant or child's speech/language skills Gross motor skills, eye-hand coordination Fine motor skills Jennifer Birner, MS, OTR/L Please call 724-983-5518 for an appointment.</p> <p><b>BIARIATRIC SURGERY INFORMATIONAL MEETING</b> WEDNESDAY, JANUARY 22   6 - 8 p.m. Sheela Nijhawani, M.D. Bariatric and Minimally Invasive Surgeon Director of Bariatric Surgery Program Please call 724-983-5518 to register.</p> <p><b>WHY YOUR PAP TEST IS SO IMPORTANT</b> WEDNESDAY, JANUARY 29   12 p.m. Lite refreshments available Linet Ochweri, M.D. Specialist in Obstetrics and Gynecology Please call 724-983-5518 to register.</p> <p><b>CONVERSATIONS ABOUT DEMENTIA</b> THURSDAY, JANUARY 30   1 p.m. This workshop will offer tips on family conversations about going to the doctor, deciding when to stop driving, and making legal and financial plans. Kristen Bries, Education &amp; Outreach Manager Alzheimer's Association Please call 724-983-5518 to register.</p>	<p><b>Free Hand, Elbow or Shoulder Screen</b> TUESDAY, JANUARY 14   10 a.m. - 12 p.m. Maureen Riggle, M.Ed., OTR/L, CHT Please call 1-983-5518 for an appointment.</p> <p><b>STOP DIABETES! LIFESTYLE CHANGES FOR DIABETES PREVENTION</b> STARTS TUESDAY, JANUARY 14   6 - 7 p.m. 16 Weeks   Fee \$40 (\$25 will be refunded to those who complete at least 12 sessions) Heather Hough Please call 724-983-5518 to register.</p> <p><b>FREE HAND, ELBOW OR SHOULDER SCREEN</b> WEDNESDAY, JANUARY 15   1 - 3 p.m. Mike D. Piccirilli, OT Hubbard Diagnostic &amp; Specialty Center 880 W. 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**Brookfield Family Medicine Center**  
7264 Warren-Sharon Road  
Brookfield  
330-448-0500

**Diabetic & Imaging Center**  
2435 Garden Way  
Hermitage  
724-983-3931

**Hubbard Diagnostic & Specialty Center**  
880 W. Liberty Street, Suite A  
Hubbard  
330-534-5400

**Mercer Family Medicine Center**  
551 Greenville Road  
Mercer  
724-662-4155

**Neshannock Diagnostic & Specialty Center**  
2915 Wilmington Road  
New Castle  
724-656-5334

# Community Education Programs • February 2014

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<p><b>Overeaters Anonymous Mondays   1-2 p.m.</b></p>		<p><b>February: American Heart Month</b> Stop by the Diagnostic &amp; Imaging Center for more information.</p>	<p><b>ALL PROGRAMS AT THE DIAGNOSTIC &amp; IMAGING CENTER UNLESS OTHERWISE NOTED.</b></p>	<p><b>Free Blood Pressure Screen Friday, February 7, 2014</b> First Friday of the month   8 a.m. - 1 p.m.</p>
<p><b>Prepared Childbirth Classes Mondays, Starting February 3 - March 3</b> 6-8 p.m.   Please call 724-983-5518 to register</p>	<p><b>TOPS Take Off Pounds Sensibly</b> Every Tuesday   Meeting 9:30 a.m. There is a fee   First class is free Weigh in from 8:30 - 9:30 a.m. Please call 724-983-5518 or 1-800-346-7997 to register</p>	<p><b>Highmark Senior Products</b> 11 a.m.   Call 1-800-260-9120 to register</p>	<p><b>Seniors for Safe Driving Class Friday, February 7, 2014</b> 9 a.m. - 1 p.m. Richard D'Arcangelo   \$16 fee Please call 800-559-4880 to register</p>	<p><b>NEW! Health Care Provider CPR</b> 9 a.m.   Fee \$50 School of Nursing   724-983-CPR1</p> <p><b>Health Care Provider CPR Recertification</b> 1:30 p.m.   Fee \$30 School of Nursing   724-983-CPR1</p>
<p><b>Bereavement Sharing Group Thursday, February 13, 2014</b> 1 p.m.   Eat 'n Park Restaurant Please call 724-983-3878 to register</p>	<p><b>Highmark Health on the Menu: What's Your Number?</b> 12 p.m.   Gayle Linden, L.P.N.</p>	<p><b>FREE CPR AED Heart Saver</b> 5:30 p.m. Hermitage Diagnostic &amp; Imaging Center Please call 724-983-5518 to register.</p>	<p><b>Diabetes Support Group</b> Shenango Valley Senior Center 9:15 a.m.   Diabetes Center   724-981-6551</p> <p><b>Bariatric Support Group</b> 6 p.m.   724-983-5518</p> <p><b>Celiac Disease Support Group</b>   6:30 p.m.</p>	<p><b>NEW! Health Care Provider CPR</b> 9 a.m.   Fee \$50 School of Nursing   724-983-CPR1</p> <p><b>Health Care Provider CPR Recertification</b> 1:30 p.m.   Fee \$30 School of Nursing   724-983-CPR1</p>
<p><b>Bereavement Sharing Group Thursday, February 13, 2014</b> 1 p.m.   Eat 'n Park Restaurant Please call 724-983-3878 to register</p>	<p><b>NEW! Health Care Provider CPR</b> 4 p.m.   Fee \$50 School of Nursing   724-983-CPR1</p> <p><b>Bereavement Support Group</b> 6 p.m.   Behavioral Health Services</p>	<p><b>Highmark Senior Products</b> 11 a.m.   Call 1-800-260-9120 to register</p>	<p><b>Shenango Valley Immunization Clinic</b> Pennsylvania Department of Health Mercer County State Health Center 9 a.m. - 2 p.m.   PA residents only; birth to age 18   You must call 724-662-4000 for an appointment   Fee \$5 or free depending on your income   Diagnostic &amp; Imaging Center</p>	<p><b>NEW! Health Care Provider CPR</b> 9 a.m.   Fee \$50 School of Nursing   724-983-CPR1</p> <p><b>Story Hour</b> Tackly the Penguin 10 a.m.   Read by Miss Gayle Please call 724-983-5518 to register</p>
<p><b>Compassionate Friends</b>   6:30 p.m.</p>	<p><b>Visit our online Health Library at <a href="http://www.sharonregional.com">www.sharonregional.com</a> for health and medical information from A to Z.</b></p>	<p><b>Sharon Regional Speakers Bureau: Please call 724-983-5518 to schedule</b></p>	<p><b>Diabetes Support Group</b> Shenango Valley Senior Center 9:15 a.m.   Diabetes Center   724-981-6551</p> <p><b>Bariatric Support Group</b> 6 p.m.   724-983-5518</p> <p><b>Celiac Disease Support Group</b>   6:30 p.m.</p>	<p><b>FREE FOOT &amp; ANKLE SCREEN</b> WEDNESDAY, FEBRUARY 19 11 a.m. - 12 p.m. James LaBella, D.P.M. Foot and Ankle Surgeon Brookfield Family Medicine Center 7264 Warren-Sharon Rd., Brookfield, OH Please call 1-800-346-7997 for an appointment.</p> <p><b>FREE PEDIATRIC DEVELOPMENTAL SCREEN</b> THURSDAY, FEBRUARY 20   10 - 11 a.m. Infant or child's speech/language skills Gross motor skills, eye-hand coordination Fine motor skills Jennifer Blimer, MS, DTR/L Please call 724-983-5518 for an appointment.</p> <p><b>FREE SCREENING FOR PERIPHERAL VASCULAR DISEASE</b> MONDAY, FEBRUARY 24   10 - 11 a.m. John J. Ambrosino, M.D. Specialist in Vascular Surgery Please call 724-983-5518 for an appointment.</p> <p><b>BIARIATRIC SURGERY INFORMATIONAL MEETING</b> WEDNESDAY, FEBRUARY 26   6 - 8 p.m. Sheetal Nijhawan, M.D. Bariatric and Minimally Invasive Surgeon Director of Bariatric Surgery Program Please call 724-983-5518 to register.</p>
<p><b>Medic Alert information available at the Diagnostic &amp; Imaging Center</b></p>			<p><b>Diabetes Support Group</b> Shenango Valley Senior Center 9:15 a.m.   Diabetes Center   724-981-6551</p> <p><b>Bariatric Support Group</b> 6 p.m.   724-983-5518</p> <p><b>Celiac Disease Support Group</b>   6:30 p.m.</p>	<p><b>Free Blood Pressure Screen Friday, February 7, 2014</b> First Friday of the month   8 a.m. - 1 p.m.</p>

**CHOLESTEROL SCREENING**  
Thursday, February 13, 2014  
7-8 a.m. | \$25 Fee  
Includes total cholesterol and blood sugar  
12 Hour Fast Required  
Also: BMI and blood pressure checks  
Plus cholesterol free and low sodium diets  
Please call 724-983-5518 for an appointment.

**Doctor's corner & special events**

**NEW GUIDELINES FOR CARDIAC PREVENTION**  
WEDNESDAY, FEBRUARY 12 | 12 p.m.  
Live refreshments available.  
J. Ronald Mikolich, M.D.  
Cardiologist  
Please call 724-983-5518 to register.

**FREE FOOT & ANKLE SCREEN**  
WEDNESDAY, FEBRUARY 19  
11 a.m. - 12 p.m.  
James LaBella, D.P.M.  
Foot and Ankle Surgeon  
Brookfield Family Medicine Center  
7264 Warren-Sharon Rd., Brookfield, OH  
Please call 1-800-346-7997 for an appointment.

**FREE PEDIATRIC DEVELOPMENTAL SCREEN**  
THURSDAY, FEBRUARY 20 | 10 - 11 a.m.  
Infant or child's speech/language skills  
Gross motor skills, eye-hand coordination  
Fine motor skills  
Jennifer Blimer, MS, DTR/L  
Please call 724-983-5518 for an appointment.

**FREE SCREENING FOR PERIPHERAL VASCULAR DISEASE**  
MONDAY, FEBRUARY 24 | 10 - 11 a.m.  
John J. Ambrosino, M.D.  
Specialist in Vascular Surgery  
Please call 724-983-5518 for an appointment.

**BIARIATRIC SURGERY INFORMATIONAL MEETING**  
WEDNESDAY, FEBRUARY 26 | 6 - 8 p.m.  
Sheetal Nijhawan, M.D.  
Bariatric and Minimally Invasive Surgeon  
Director of Bariatric Surgery Program  
Please call 724-983-5518 to register.

**Brookfield Family Medicine Center**  
7264 Warren-Sharon Road  
Brookfield  
330-448-0500

**Center Care Center**  
2320 Highland Road  
Hermitage  
724-983-5900

**Diabetes Center**  
2395 Garden Way  
Hermitage  
724-981-6551

**Diagnostic & Imaging Center**  
2435 Garden Way  
Hermitage  
724-983-3931

**Hubbard Diagnostic & Specialty Center**  
880 W. Liberty Street, Suite A  
Hubbard  
330-534-5400

**Mercer Family Medicine Center**  
551 Greenville Road  
Mercer  
724-662-4155

**Neshannock Diagnostic & Specialty Center**  
2915 Wilmington Road  
New Castle  
724-656-5334



# Sharon Regional awarded an "A" grade by Hospital Safety Score

Sharon Regional was honored with an "A" grade in the 2013 update to the Hospital Safety Score<sup>SM</sup>, which rates how well hospitals protect patients from accidents, errors, injuries, and infections. The Hospital Safety Score is compiled under the guidance of the nation's leading experts on patient safety and is administered by The Leapfrog Group (Leapfrog), an independent industry watchdog. The first and only hospital safety rating to be analyzed in the peer-reviewed *Journal of Patient Safety*, the Score is designed to give the public information they can use to protect themselves and their families. "As patients begin to take a more active role in selecting where to receive health care, it has never been more important to focus on hospital safety and transparency. The "A" hospitals, including Sharon Regional Health System, are helping us to raise the standards of health care nationwide," said Leah Binder, president

and CEO of Leapfrog. "We offer our congratulations and hope the hospital will continue to strive for an ever-increasing level of excellence in patient safety."

To see Sharon Regional's scores as they compare nationally and locally, and to find safety tips for patients and their loved ones, visit the Hospital Safety Score website at [www.hospitalsafetyscore.org](http://www.hospitalsafetyscore.org).

Calculated under the guidance of The Leapfrog Group's Blue Ribbon Expert Panel, the Hospital Safety Score uses 28 measures of publicly available hospital safety data to produce a single "A," "B," "C," "D," or "F" score representing a hospital's overall capacity to keep patients safe from preventable harm. More than 2,500 general U.S. hospitals were assigned scores this Fall. A full analysis of the data and methodology used is available on the Hospital Safety Score website.

**"I'm extremely proud of our physicians, employees, and other staff whose dedication and hard work produced this "A" Hospital Safety Score," said John R. "Jack" Janoso, Jr., president and CEO of Sharon Regional.**

**"We've noticed a significant increase in the last several years in awards and recognitions from independent sources like The Leapfrog Group, and this is a real plus for those who choose Sharon Regional for their care."**

## Kennedy Catholic students donate to Angel Fund



The Kennedy Catholic High School student council recently made a \$325 donation to the Angel Fund at Sharon Regional to be used for breast cancer patients.

***Pictured (left to right) are Karen Piccirilli, director of Sharon Regional's Diagnostic and Imaging Center/Breast Care Center; Jessi McCloskey, director of the SRHS Cancer Care Center; KCHS student council president Khala Santiago; KCHS principal Heidi Patterson; along with student council officers Maureen Walsh, secretary; Courtney Cianci, vice president; Maria Messina, treasurer; and Katelyn Chill, correspondent.***

## Welcome Dr. Cicuto



Sharon Regional Physician Services is pleased to welcome Robert Cicuto, D.O., family medicine, to its staff. Dr. Cicuto

is accepting new patients at the Valley Professional Center, 2213 Shenango Valley Freeway, Hermitage. Please call 724-346-1234 for an appointment.



## Welcome Home George Garrow, M.D. Medical Oncology

Sharon Regional is pleased to welcome back medical oncologist George Garrow, M.D. to its Cancer Care Center in Hermitage. Along with his full time medical oncology practice, Dr. Garrow will also serve as medical director of the Hospice/Palliative Care program.

**For more information or to schedule an appointment call 724-983-5900.**

**Sharon Regional  
Health System**  
*Dedicated to caring for our community.™*

**Cancer Care Center**  
2320 Highland Road • Hermitage, PA 16148

# Hermitage woman commends Sharon Regional childbirth education program and delivery experience



*Rhema (center) and Michael Ward with their newborn daughter, Aria, share a moment with Kim Stephenson, RN, LCCE, Sharon Regional's childbirth educator.*

"I would recommend Kim (Stephenson) and her childbirth education program to anyone," says Rhema Ward, who took classes in August and gave birth at Sharon Regional to a baby girl in late October. "She is very friendly, very intelligent, and made things very easy me and especially for my husband, Michael, to understand."

"The Women's Center was a wonderful place to give birth," added Rhema, of Hermitage. "The staff made everyone feel so welcome."

Kim Stephenson, RN, LCCE, is a Lamaze Certified Childbirth Educator (LCCE) who is teaching prepared childbirth classes for the Women's Center. She is also the Healthy Beginnings Plus Care Coordinator for Family Planning Services of Mercer County and a certified Parent to Parent facilitator.

Childbirth classes are designed for the "Mom-To-Be" and her support person in the second half of pregnancy. The series of four classes concludes with a tour of the Women's Center. Childbirth education classes give expectant parents information about the natural childbirth process.

Sharon Regional's goal is to give families the knowledge to help them make choices for a personalized birth experience. Participants are encouraged to become active participants in all aspects of their health care.

Class participants have the opportunity to try the breathing, relaxation, and positioning techniques that are presented in lectures, written materials, and videos. We want to help mom and her support person to find "what is going to work best for them."

"We encourage questions," Kim says. "Our classes provide a wide array of information pertaining to pregnancy, childbirth, postpartum, and newborn care. It is a privilege to be involved in the birth of a child. Attention to the parents' unique concerns is a priority for me in meeting their educational needs."

"Our classes are informal. We promote a relaxed atmosphere that includes group activities, games, conversation, snacks, and hopefully, a little laughter to make the learning process more enjoyable."

**For more information or to register call 724-983-5518 or 800-346-7997**

## Where to Deliver Your Baby: We invite you to compare your options

When it's time to deliver, you want the comfort and reassurance that you've made the best choice for you and your baby. At Sharon Regional's Women Center, we offer a quiet, welcoming environment for your newborn and family.

We feature beautiful private rooms, where dads can stay overnight, Wi-Fi, a family-friendly C-section experience, a Jacuzzi during labor, a lactation consultant to assist with breast feeding after the baby arrives, AND the reassurance of the region's only Level II nursery should your newborn need a higher level of care.

Call us at 724-983-3927 or e-mail [babies@srhs-pa.org](mailto:babies@srhs-pa.org) to schedule a private tour, meet our staff, learn about our physicians, and see how special childbirth can be.

## Childbirth Classes for 2014

- Monday, February 3, 10, 17, March 3  
6 - 8 p.m.  
Tour on Feb. 24
- Saturday, May 3, 10, 17, 24  
9 - 11 a.m.  
Tour on May 31
- Saturday, August 2, 9, 16, 23  
9 - 11 a.m.  
Tour on August 30
- Saturday, November 1, 8, 15, 22  
9 - 11 a.m.  
Tour on November 29

All classes held at the Diagnostic & Imaging Center, Hermitage. Register at 724-983-5518. Fee is \$25 per couple.



740 East State Street • Sharon, PA 16146  
724-983-3911 • info@srhs-pa.org  
www.sharonregional.com

## Volunteers honored at luncheon



**Maxine Horstman (center) was honored as Volunteer of the Year at Sharon Regional's recent annual Volunteer Awards Luncheon. She is shown with SRHS director of volunteer services Lynn Pyle, CAVS, and John R. "Jack" Janoso, Jr., president and CEO.**

Sharon Regional recently hosted its Annual Volunteer Awards Luncheon. John R. "Jack" Janoso, Jr., president and CEO of Sharon Regional, welcomed the volunteers and thanked them for their hours of service to the Health System. Rev. Dr. Glenn M. Hink, pastor of First Presbyterian Church, Sharon, offered a blessing.

Joyce Reis, hospice clinical coordinator, presented the Hospice Volunteer Service Awards to Judy Bottenfield, Shirley Stewart,

and Evelyn Trkula for five years of service.

Lynn Pyle, director of volunteers, presented flowers to two volunteers who each had 50 years of service to Sharon Regional Health System: Alyce Parrish and Olive Thompson. Lynn Pyle then presented the Janet L. Patterson Award for Volunteer of the Year to Maxine Horstman. The award

is presented annually to the volunteer who exemplifies the enthusiasm, service, and dedication to the volunteer program at Sharon Regional Health System.

Receiving Auxiliary Hours Awards were: [100 Hours]: Barb Burns, Pat Buzzeo, Jerry Dowling; [500 Hours]: Dick Brandes, Marilyn Burbick, Vivian

Bryant, Marlene Gilliland, Linda Jones, Rita Vogt; [1000 Hours]: Richard Kailer; [1500 Hours]: Charles Gruver, Dorothy Kozarich; [2000 Hours]: Dina Janoso, Janet Salsgiver; [2500 Hours]: Laurie Chrobak, Susan Kidwell, Henry Merrick; [3000 Hours]: Patricia Corbett; [3500 Hours]: Helen Martinko; [4000 Hours]: Joanne Bisson; [5000 Hours]: Hedy Walker; [5500 Hours]: Alma Cullen; [6000 Hours]: Angie Leonard; [15,000 Hours]: Olive Thompson; [20,000 Hours]: Alyce Parrish; and [25,000 Hours]: Howard Ham.

The event concluded with Jack Janoso speaking about the upcoming affiliation of Sharon Regional with Community Health Systems. For more information on volunteer opportunities, call 724-983-3805.

## SAVE THE DATE

## SRHS CHARITY BALL

## Saturday, May 17, 2014

Tiffany Banquet Center • Brookfield, OH

ENTERTAINMENT BY:

MICHAEL STANLEY  
AND THE RESONATORS

FOR MORE INFORMATION CALL 724-983-3805

### SHENANGO VALLEY YMCA

(724) 981-6950 [www.svymca.com](http://www.svymca.com)



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FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

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Three Locations



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of Mercer County

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